

Friedel Kloke-Eibl

Meditation of the Dance - Sacred Dance

She took her first ballet lessons when she was five years old, and then over the years went on learning and studying with a number of renowned dancing teachers over the years: Classical dance, Bharat Natyam, folk dance etc. After her university studies in Cologne, Cambridge and Paris, she worked for the Foreign Office and spent two years at the German Embassy in Iceland. She got married in 1965 and emigrated to the Netherlands. She has three children: Björn, Nanni Esther and Saskia.

During that time, she translated several books into German, including:
"Mystery Streams in Europe and the New Mysteries" by Prof. Bernard C.J. Lievegoed, and
"Organizational Development" by Prof. Dr. Friedrich Glasl

The encounter with **Professor Bernhard Wosien**, ballet dancer at the Städtische Oper Berlin, ballet master and choreographer at the Staatsoper Dresden etc. etc., and founder of "**Meditation des Tanzes – Sacred Dance**", represented a turning point in her life. She became his pupil and was his associate for many years. Together, they held workshops in numerous European countries and worked on his book

SACRED DANCE

My way to the dance - my way with dance *)

*) available as conceptual draft in German and Dutch.



Sweden 1982

In 1981, F. Kloke-Eibl founded the 'DEMIAN - Instituut in Beweging' in the Netherlands, which she headed until 1990. The institute with 25 employees was the first outside academic dance institutes to teach a wide range of different dance styles / movement techniques: Classical dance, Meditation des

Tanzes - Sacred Dance, Indian temple dance (Bharat Natyam), modern dance, African dance, primeval dance, dynamic dance meditation, belly-dance, as well as international folk dance, Alexander technique, yoga, Feldenkrais, music, Zen, overtone singing etc.

Several TV stations, newspapers and magazines have reported about Friedel Kloke-Eibl's work and her dance institute; she also participated in the documentary "Do your body good" produced by Bayerischer Rundfunk (Bavarian Broadcasting Station).

Under the patronage of B. Wosien, in 1981 Friedel established the foundation 'Stichting Sacred Dance' and developed a concept for a 3-year professional education. Subjects: Dances and choreographies by F. Kloke-Eibl and B. Wosien – Méditation en croix / classical ballet – body consciousness training, music, didactics, special methodology, circle and round dances from folk traditions.

In the years 1982 to 2002, she organized and directed an annual dance and music festival, recruiting many internationally renowned dance teachers and prominent lecturers in music, including Uli Führe, Joseph Rösli, and others.

In 1990, she founded and managed the AUSBILDUNGSINSTITUT Meditation des Tanzes – Sacred Dance in Germany, continuing the work of Prof. Bernhard Wosien. She has trained over 800 individuals in different countries and has furthered and advanced the "Meditation of the Dance - Sacred Dance" and spread it worldwide.

"MEDITATION DES TANZES – SACRED DANCE" is a trademarked term, registered with the German Trademarks and Patent Office under document no. 397 08 508, file no.: 397 08 508.7. Only teachers and lecturers who—following completion of the three-year education—update their dance studies on a regular basis, are entitled to use the protected term "Meditation des Tanzes – Sacred Dance" and to teach others in "Meditation des Tanzes – Sacred Dance".

In addition to open workshops, the education institute offers several advanced training programmes per year (incl. specialisation courses) for certified lecturers. www.sacreddance.de.

Friedel Kloke-Eibl was co-founder and chairperson of the Trade Association Meditation des Tanzes – Sacred Dance and has published the journal BALANCE for 8 years.

Workshops and training courses in Argentina, Austria, Bali, Brazil, Canada, Egypt, England, Finland, Ireland, Japan, Mexico, Netherlands, Portugal, Spain, Sweden, Switzerland, United States, Uruguay ...



F. Kloke-Eibl 2008

B. Wosien 1979